



Aesthetically You Clinic Policy COVID-19

Version 2: 5th January 2021

Aesthetically You recognises that visitors may have concerns about the ongoing coronavirus outbreak. Infection with coronavirus can lead to the disease covid-19. It has been reported that there are a significant number of confirmed cases in the UK.

There are a number of sources that are informing the approach and actions advised:

- Public Health England and the Foreign and Commonwealth Office (FCO):
<https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>
This includes a Q&A section:
<https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know/>
- <https://www.gov.uk/foreign-travel-advice/china>

Prevention of COVID-19

The primary preventative measure is to follow the FCO advice. More generally, to reduce the risk of spreading this or other conditions with similar symptoms, such as flu:

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the bin.
- Follow the social distancing guidance.

Because it is a new illness, it is not known exactly how coronavirus spreads from person to person, but similar viruses spread by cough droplets.

Public Health England has updated advice regarding returning from travel. It provides the most up-to-date information and guidance for different parts of the world.

Current Public Health England advice does not stipulate that you should wear a facemask. Whether or not you wear a facemask, to reduce the risk of spreading this or other conditions with similar symptoms, such as flu, follow the advice above.

If any patients contact the clinic to explain that they have experienced any symptoms or have been in contact with anyone who has presented with symptoms or been diagnosed with Covid-19 then their appointment should be rescheduled until they have followed PHE guidance and are sure that they are free from Covid-19.

Any staff who believes that they have been in contact with anyone who has experienced any symptoms or has been diagnosed with Covid-19 or has been in contact with anyone who has presented with symptoms or been diagnosed with Covid-19 should contact the clinic manager immediately and follow Public Health England advice.

[Public Health England Advice](#)

Signs and symptoms of COVID-19

Typical symptoms of coronavirus include fever and a cough, loss of taste and smell that may progress to a severe pneumonia causing shortness of breath and breathing difficulties.

Generally, COVID-19 can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease.

If any symptoms are experienced and you believe that you have been exposed to someone who may have the virus then you should:

- Contact the clinic manager immediately via telephone or email.
- Stay indoors and avoid contact with other people as you would with other flu viruses
- Contact NHS 111 to inform them of your symptoms and seek further advice.

Please do not leave your home until you been given advice by a clinician.

Strategies the clinic are putting in place:

- Patients that attend the clinic with the above symptoms will politely be asked to reschedule their appointment
- Appointments are by prior arrangement only. No walk-ins will be permitted.
- Appointments times extended to prevent overcrowding and to help ensure safe distancing between patients.
- Patients should present at the time of their appointment, not earlier, or later, to help prevent overcrowding.
- Patients should present by themselves, and not bring friends or family.
- A maximum of 3-4 patients in the waiting rooms at any one time. If the clinic is at capacity (4 patients) any further patients will be asked to wait outside or in cars until their appointment time is ready
- Patients will be asked to sign a COVID-19 Consent form
- Consultations will be carried out via video teleconference

- Brochures will not be given to patients
- The clinic will be 'paper-free' where possible
- Patients should wherever possible maintain safe distancing with other patients
- PLEASE NOTE in an emergency, for example a medical emergency, accident or fire, 1 metre social distancing is NOT REQUIRED
- Patients will be asked to attend make-up free to reduce the time in clinic rooms
- Team members to wash hands for 20 seconds with virucidal handwash (using 7 step technique)
- Patients should use hand sanitizer upon arrival to clinic and when their treatment is completed
- Hand Sanitizer is available in multiple locations
- Patients temperature will be checked upon arrival
- Sneeze/cough etiquette must always be practised
- We are cleaning door handles, chairs, treatment couches, laptops, iPad, telephones and shared surfaces with a powerful virucidal wipe every 30 minutes and between patients
- We are using disposable paper towels
- Card Payment terminals to be wiped with a virucidal agent between patients
- The clinic will be well ventilated, with windows open wherever possible
- Team members to keep belongings in locked storage cupboards rather than clinic rooms
- Toilets will be cleaned regularly throughout the day
- Clinical team will wear Personal Protective Equipment (PPE) gloves and aprons will be changed between patients, masks to be changed 4-hourly.
- Receptionist to wear surgical mask (surgical mask changed 4-hourly) regular hand washing/hand sanitizer using 7 step technique
- Team meetings carried out using electronic platforms rather than in person
- Should a situation arise where a suspected COVID-19 positive patient has been in the clinical area, all activity should stop when safe to do so. The clinic will then undergo a deep clean using a Sanitisation, disinfection and decontamination specialist service Sanondaf Liverpool 01512728505
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This policy will be visible in-patient waiting area and provided to patients via email
Please contact our COVID-19 Lead Michelle McLean: info@aestheticallyyou.co.uk if you have any questions